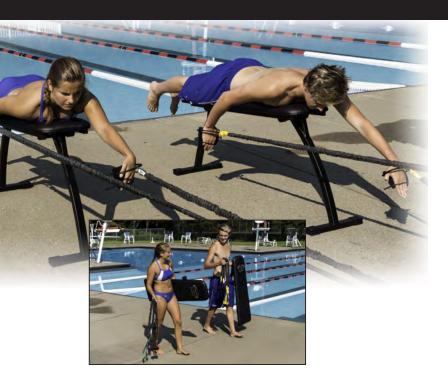
Reveal their Weaknesses... and get them Stronger. Better. Faster.





"Vasa Trainers have been the heart and soul of the dryland training program at Washington and Jefferson College. The machines have played a significant part in the development of stroke mechanics and upper body strength in our swimmers. Obviously, the Presidents are true believers in the Vasa Trainers, with 10 of them. When you have 1 or 2 of any equipment, who uses it, and how often is it used? We do not have this problem at W&J. We are truly grateful for this machine and its magnificent benefits! " ~ MICHAEL ORSTEIN, Washington & Jefferson

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- Great teaching platform on deck
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